

Positive Sports Parenting

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Community Bank
Doncaster East &
Templestowe Village



Simple & flexible self-guided online course

What if sport could be the ultimate training ground for your child's future success in life?

Learn how to support your child to perform at their best, build a strong and positive identity through sport, and develop the skills to navigate both success and disappointment for life.

Complete interactive modules at your own pace, answer key questions to progress, and earn a certificate upon completion. Clubs are notified when parents finish, creating a shared commitment to positive sporting environments.



WHY IT MATTERS

- Empowers parents to lead with empathy and intention
- Builds stronger, more connected club communities
- Supports mental health, resilience, and belonging
- Helps retain young athletes through positive engagement
- Elevates sport as a vehicle for personal and social growth



"Really positive experience. Valuable for all volunteers even if they are not parents."

"This course should be mandatory for all parents whose children play sports. Really great insight, very informative and engaging."

"I Really enjoyed the course. I'll take the learnings with me to better support my children in sport."

Participant Insights

To participate in the course click on the below link:

[SALT Positive Sports Parenting Self-Guided Course](#)

Click on 'Do you have a Coupon' (bottom/left of page) & enter the coupon code:

YJFLFIT26

(This code is unique to Fitzroy JFC parents)
You can then register and commence working through the course.

FOUNDING PARTNER: **Bendigo Bank**

Major Sponsor: **Bakers Delight**

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