



# It's My First Year Of Coaching, How Do I Get Started?

*Are you a new coach and not sure how to get accredited?*

As a new coach, you'll need to get your Foundation Coaching Accreditation. Go to [coach.afl](https://coach.afl) and click on the 'Join' button. From there, you just need to follow these 4 easy steps:

1. Complete the Coaching Profile and select the team/s you're coaching
2. Pay the CoachAFL Membership Fee of \$49.50
3. Agree to the Coaches' Code of Conduct
4. Complete the online Foundation Course relevant to the playing age group of your team

The Foundation Course is designed to improve all areas of your coaching and will ensure you are ready to coach Round 1!

The course covers 5 themes: the Coach, the Player, the Practice Session, the Game and Concussion Management.

Completing your Foundation Coach Accreditation will activate your CoachAFL membership.

You'll receive awesome benefits including access to the CoachAFL Resource and Training Drills Library, monthly CoachAFL Newsletters and corporate partner offers.

You can keep up to date with CoachAFL on Facebook and Twitter by liking or following the CoachAFL Page!

If you have any questions, we have a Coaching Support Team loaded with all the answers you need. To contact them, go to our [Contact Us](#) page or email us at [coaching@afl.com.au](mailto:coaching@afl.com.au)

The CoachAFL team wishes you and your team all the best for the season!