



What girls only age groups do you have?

In 2017 the YJFL will be running girls' competitions for U10s, U12s, U13s, U14s, U15s, U16s & U18s.

How old do I have to be to play?

The player will need to have turned 7 years old by the 16th April 2017 to be able to register with a club. The dates to determine what age group a player is eligible to play in are as follows:

U10 – Born on or after 1st January 2007

U12 – Born on or after 1st January 2005

U13 – Born on or after 1st January 2004

U14 – Born on or after 1st January 2003

U15 – Born on or after 1st January 2002

U16 – Born on or after 1st January 2001

Youth Girls – Born on or after 1st January 1999

Do I have to have played Auskick before?

There is no requirement to have played Auskick before participating in YJFL competitions.

How much does it cost to play and how do I register?

The cost to play varies from club to club but most clubs have a lower fee for girls. Please contact your local club for cost and registration details.

When and where are games played?

Most of the games are played on Sundays throughout the season, however clubs may request a Saturday or weeknight game but this needs to be agreed by both clubs. Teams will play half of their games at their home ground and the other half at their opponents home grounds.

What time will games be played?

Usually the younger age groups will play earlier in the day, but this is dependent on your clubs requests that are made at the start of the season.

When and where are trainings held?

Please contact your local club for all the details regarding day, location and time of trainings.

When is the season played?

Season dates for 2017 are as follows:

Date	U10	U12, U13, U14, U15, U16 & U18	Holidays
23/04/2017	Round 1	Round 1	
30/04/2017	Round 2	Round 2	
07/05/2017	Round 3	Round 3	
14/05/2017	Round 4	Round 4	
21/05/2017	Round 5	Round 5	
28/05/2017	Round 6	Round 6	
04/06/2017	Round 7	Round 7	
11/06/2017	No Games		Queens Birthday
18/06/2017	Round 8	Round 8	
25/06/2017	Round 9	Round 9	
02/07/2017	Round 10	Round 10	School Holidays
09/07/2017	No Games		
16/07/2017	Round 11	Round 11	
23/07/2017	Round 12	Round 12	
30/07/2017	Round 13	Round 13	
06/08/2017	Round 14	Round 14	
13/08/2017		Semi Finals	
20/08/2017		Prelim Finals	
27/08/2017		Grand Finals	

What if my local club doesn't have a girls team in my age group?

All the clubs in YJFL who currently have girls teams are listed below. However, if you want to create a girls team at a club that currently doesn't have one, contact your local club and help them recruit. All it takes is a couple of friends to recruit a couple more friends!

How many players are needed for a team?

16 players are needed to field a team. There is a maximum of 24 players per team on game days with 8 on the bench. 11 players are needed to start an official game. If one team has fewer than 16 players, then both teams must play with equal numbers on the field.

Is there scoring and finals?

U10s girls' games have scoring but will not play finals as the focus is on learning the game and developing their skills. Scoring, ladders and finals are permitted in U12, U13, U14, U15, U16 and U18. U15 through to under 18 also have representative teams.

Footy can be physical, are there many injuries in the girls' competition?

Girls playing football are at risk of injury no more than a girl playing netball or basketball. Football is a contact sport and can be a physical game which is why different age groups play with different modified rules, tailored to their different stages of development.

What are the modified rules?

	U10	U12, U13	U14	U15, U16 and U18
Players	15 a side plus up to 5 interchange.	16 a side plus up to 8 interchange. 24 players in total. 11 players needed to start an official match.	16 a side plus up to 8 interchange. 24 players in total. 11 players needed to start an official match.	16 a side plus up to 8 interchange. 24 players in total. 11 players needed to start an official match.
Maximum ground sizes/use of zones	100m x 80m 3 equal zones	Full Size	Full Size	Full Size
Match Length	4 x 12min	4 x 15 min ¼ & ¼ time- 5mins ½ time – 10mins	4 x 20min ¼ & ¼ time- 5mins ½ time – 10mins	4 x 20min ¼ & ¼ time- 5mins ½ time – 10mins
Contact	Modified tackle*/no bump. Players cannot bump/push an opponent, knock/steal the ball out of their hands or smother an opponents kick.	Full tackling is permitted. (no sling tackling)	Full tackling is permitted. (no sling tackling)	Full tackling is permitted. (no sling tackling)
The ball	Size 2 Synthetic	Size 3 Synthetic	Size 4 Synthetic	Size 4 Leather
Umpiring	1 field, 2 goals. Parents.	1 field, 2 goal and 2 boundary umpires. Club/association	1 field, 2 goal, 2 boundary umpires. Club/association.	1 or 2 field, 2 goal umpires, 2 boundary umpires. Club/association
Coaching	Onfield (1)	Sideline	Sideline	Sideline
Bounces	2 bounces before disposing	Unlimited	Unlimited	Unlimited

Marking	A mark is awarded, irrespective of the distance the ball has travelled, to any player who catches it or makes a reasonable attempt to mark it.	A mark is awarded when a player catches the ball directly from another players kick that has travelled at least 10 metres	A mark is awarded, irrespective of the distance the ball has travelled, to any player who catches it or makes a reasonable attempt to mark it.	A mark is awarded when a player catches the ball directly from another players kick that has travelled at least 15 metres.
Out of Bounds	From a kick, a free kick is awarded against the player who last kicked the ball. From hands, or if there is doubt, the umpire shall call a ball-up 10m in from boundary.	Boundary throw-in.	Boundary throw-in.	Boundary throw-in.
Kick off the ground	Not permitted unless accidental.	Not permitted unless accidental.	Not permitted unless accidental.	Not permitted unless accidental.
Stealing, smothering, sheparding, barging	No stealing, smothering, sheparding or barging.	Permitted	Permitted	Permitted
Penalties	10m	25m	25m	25m

***Note :** Modified Tackling – A player in possession of the ball may be tackled by an opponent wrapping both arms around the area below the top of the shoulders and on/above the knees. The tackle may be from either side of from behind, providing the tackle

Can I play with the boys in a mixed team if I want to?

Girls can play in mixed teams with boys up to and including U14s. After this, girls must play in girls only competitions.

Are there other ways to be involved in girls footy if I don't want to play?

Absolutely. Girls/Womens football is the fastest growing area of AFL football in Australia and there are always roles for women and girls. You can become a coach, an umpire, a trainer, a team manager or a club administrator. There are plenty of voluntary and paid roles in the AFL for females so contact your local club to find out how you can get involved.

What is the pathway for girls if they want to keep playing beyond youth girls?

Once you are over 18 and can no longer play Youth Girls, you can start playing senior womens football. There are many senior womens football teams throughout Victoria that play in the Victorians Womens Football League (VWFL). The AFL has also announced that there will be a National Womens Competition starting in 2017.

What clubs in the YJFL have girls teams and how can I contact them?



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